

One Spirit North Wales & The Confucius Institute (Bangor) present

Beyond Thought: Consciousness beyond the rational

A day of deep experience and insights

Following the great success of 'Only Human' last year, OSNW continues an exploration into what it means 'to be human' by bringing together university research, community engagement projects and personal journeys into our true essence . . .

Thursday 22nd Sept 2016

**Confucius Institute, Alun Roberts Building (Chemistry Tower) 9th Floor
Deiniol Road, Bangor, LL57 2UW**

Click on links to view a video of each presentation – with apologies for video quality

Click on [PPT] for PowerPoint Slides (where these were used)

(sorry, we didn't decide to record until the last minute – and that's another story!)

10:00	Arrival & tea	With guzheng played by Wing Yan Cheung
10:30	Opening & introduction	Dr Keith Beasley – Transcending Disciplines: a personal journey into how Being Human is more than thinking rationally. [PPT]
11:00	1	Dr David Joiner (Confucius Institute) - 'Beyond thought? Thought beyond!' - reviewing the insights of David Bohm [PPT]
11.30	2	Michelle Murphy – Experiencing 'A Course in Miracles' <i>(pt video only)</i>
12:00	Break	Reflection and/or networking
12:20	3	George Petry - The power of the image [PPT]
12:50	Lunch	
13:40	4	Helen Newton (One Spirit interfaith minister & spiritual counsellor): The reality of the mystical
14:10	5	Goronwy Hiraeth – The Tao Today: the ancient wisdom of the Tao Te Ching [PPT]
14:40	6	Alexandra Wilson (Interfaith Minister) – Singing with the Dying
15:10	Tea break	Reflection and/or networking
15:30	7	Gemma Griffith (Centre for Mindfulness) - Stepping back from the busy mind. [PPT]
16:00	8	'Beyond Thought' at Pontio Innovation – proposal for 4 session to bring this event into a more public arena (Keith Beasley)
16:30	Open discussion	Feedback and other contributions from all attendees
17:00	Close	. . . and departure



Hosted by the Confucius Institute at Bangor University

Organised by One Spirit North Wales (OSNW)

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