

At Last! A Science fit for Reiki

Dr. Keith Beasley, PhD, Reiki Master

When, in 1996, I left my job in electronic engineering to take up Reiki, my colleagues were shocked at how big a change I was making. "Not so!" I exclaimed. Electronics is about subtly moving energy around: so is Reiki healing.

The technology we so heavily rely upon is based on the flow of electrons, the transfer of electric charge and such like: all very, very, small amounts of energy, at the microscopic, if not sub-atomic, level. And yet, just a few changes in these minute signals determines whether we're tuned into world news . . . or a Reiki webinar. Likewise, the conscious intent to practice Reiki can determine whether we're feeling depressed or happy. It happens that in the former case, the energies can be reliably and consistently measured and the effects can be controlled and predicted. In the latter case, science hasn't, as yet, found a dependable way of measuring Reiki or its effects. And, as Reiki practitioners, we know it's not wise (or possible!) to predict or attempt to control the energy flow. But the beneficial effects are without question to numerous practitioner and their clients . . . and friends and families.

Square peg, round hole

For too long we in the Reiki profession have been trying to fit our wonderful healing modality and way of being into the conventional scientific framework. But it doesn't fit does it? Talk about square peg and round hole!

The science of past centuries is based around measurability and repeatability. If you can't measure something, and can't repeat an effect, then that 'epistemology' (as the academics call it) says it can't exist . . . even if millions of people would swear otherwise.

Those who benefit from Reiki know that it is effective. But we have to admit that its results cannot be readily measurable and may not be repeatable between, say, different clients. And we do have to admit that we cannot predict the outcome of a Reiki session. We seem to have reached an impasse. Until now.

Mikao Usui: meet Peter Higgs

With the scientific discovery of the Higgs Boson, we finally have an accepted theory that goes a long way towards explaining what Reiki is, why and how it works at a distance:

"The Higgs field is the theoretical field of energy that permeates the universe"
(<http://physics.about.com/od/quantumphysics/f/HiggsField.htm>)

Read that again: "... that permeates the universe". It exists at all point in space in the same instant.

At the quantum level of the Higgs Field and Higgs Boson, there is no separation between anything: everything is interconnected. Doesn't that sound remarkably like Reiki?

The Higgs Field theory opens up all manner of understandings and developments, not least the teleportation so beloved by Star Trek fans:
<http://sciencewatch.com/articles/teleportation-tested>. If science can explain and enable transportation, then the distance healing that we so value in Reiki makes total sense, doesn't it!

The Higgs Field and its related quantum effects are examples of New Science, which includes a broader, deeper, exploration into the makeup of the universe. In New Science nothing is certain. In New Science, what happens next is a matter of probability and potential. Doesn't that also sound like Reiki?

True, quantum physics can look and sound complicated . . . just as Reiki might do to a nuclear physicist, but by getting down to basics, the essence of the Higgs Field would seem to reflect the essence of Reiki. The boundaries between Science and Healing are becoming increasingly blurred.

Many Reiki practitioners are probably not bothered by any of this, they just get on with enjoying their Reiki. But for those who like to keep abreast of developments, or have to work with the conventional scientific community, the Higgs Field provides a wonderful insight into how two previously separate worlds can now be seen as one and the same.

Bio

For 17 years Keith worked at the forefront of research into microelectronics, as a Quality Assurance expert and later Reliability Manager. Through this work he came to realise that scientific models are only as good as the data you have available and that any sort of prediction is a dodgy business. He also saw that it is people, their intent and feelings that matter most . . . even in high-tech business. In 1996 Keith became a Reiki Master-Teacher and switched from dealing with quality of silicon chips to quality of life. In 2013 he completed his PhD on enhanced consciousness . . . just the sort one might attain during a Reiki session.

Contact via his web-site: www.onereality.co.uk